The invention relates to medicine, in particular to gastroenterology and endocrinology.

Summary of the invention consists in establishing the duration of diabetes mellitus (DDM) and in conducting the paraclinical examination, where the value of plasma albumin (ALB), of serum lipase (LPS) and of C-reactive protein (CRP) in the blood is determined and the discriminant function (F) is calculated by the formula:

F = -6.422 + 0.146; ALB + 0.070; LPS - 0.102; DDM - 0.234; CRP,

and if F<0, the presence of exocrine pancreatic insufficiency is diagnosed, and if F>0, the absence of exocrine pancreatic insufficiency is diagnosed in patients with type 1 diabetes mellitus.

Claims: 1